

Cambodia

Since 1992, Helen Keller Intl has worked to improve nutrition, increase food security, and prevent disease. Working closely with Cambodia's Council for Agricultural and Rural Development, the Office of the Council of the Ministers, and the Ministry of Health, we help ensure optimal nutrition for millions by advocating for transparent nutrition policies, supporting mothers with prenatal vitamins and breastfeeding, and delivering essential nutrients like vitamin A to young children. We also empower women with tools and education to grow their own nutritious food, ensuring healthy meals for their families and supplemental income from selling surplus produce at markets.



Number of staff: **65**
People reached: **160,000**



Office opened: **1992**
Operating budget: **\$3.4M**

Challenges



2/3 of pregnant women don't get enough iodine or zinc, micronutrient deficiencies that make it difficult to keep themselves and their unborn child healthy.

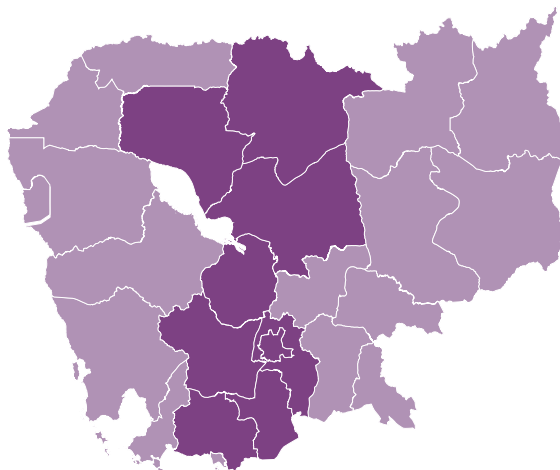


Rising food prices and climate crises make farming more challenging, making it difficult for families to keep nutritious foods on their tables.



14% of boys and 9% of girls aged 5-19 are overweight due to the prevalence of unhealthy food sales at primary schools.

Where We Work



- Kampong Chhnang
- Kampong Spue
- Kampong Thom
- Kampot
- Kandal
- Phnom Penh
- Preah Vihear
- Siem Reap
- Takeo

Our Solutions



Scale up prenatal vitamins that have more nutrients than iron-folic-acid supplements alone, fostering healthier pregnancies and better birth outcomes.



Help communities scale up climate-smart and nutrition-sensitive agriculture practices so families can thrive.



Partner with parents, teachers, vendor, and students to introduce “student-approved” healthy snacks, with clearly labeled nutrition value.



Our Impact

- ✓ Helped more than 1,000 pregnant women transition from iron-folic acid to comprehensive prenatal vitamins.
- ✓ Supported over 15,000 families with tools to grow, prepare, and sell nutrient-rich foods.
- ✓ Increased access of healthy food for more than 150,000 students across 300 schools.

Key Partners: Church of Jesus Christ of Latter-day Saints; Global Affairs of Canada
Lin Foundation; USAID; Vitamin Angels; World Diabetes Foundation

About Helen Keller Intl

Helen Keller Intl partners with communities that are striving to overcome longstanding cycles of poverty. By delivering the essential building blocks of good health, sound nutrition, and clear vision, the organization helps millions of people create lasting change in their own lives. Working in 20 countries – across Africa, Asia, Europe, and the United States – and together with a global community of supporters, Helen Keller helps to ensure every person has the opportunity – as Helen did – to reach their true potential.

Contact Information

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