

# Mozambique

Mozambique has made significant progress in improving health and nutrition, though conflict, climate change, and health shocks threaten recent gains. Helen Keller Intl has worked with the government of Mozambique for more than 25 years to expand access to healthcare and nutrition. Collaborating with the government, communities, and other partners, Helen Keller supports children, pregnant and nursing women, and families to access nutritious foods and essential nutrients to promote good health, preventive treatments to ward off malnutrition and diseases, and improved sanitation and hygiene to ensure access to safe, clean water.



Number of staff: **22**

People reached annually: **990,000**



Office opened: **1997**

Operating budget: **\$1.3 million**

## Challenges



69% of children under the age of 5 are not getting enough vitamin A, impacting their ability to see clearly, fight off disease, and live a healthy life.

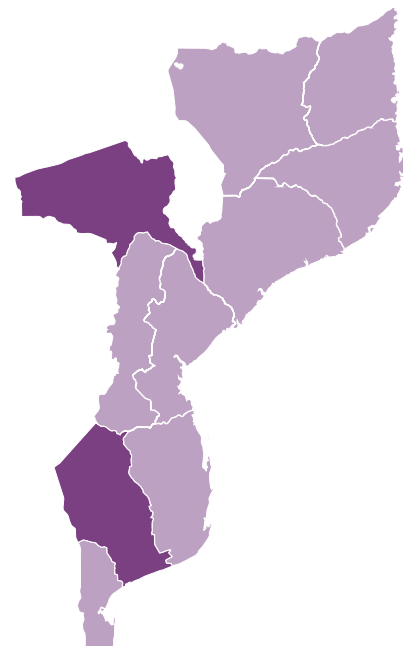


Nearly 38% of children under the age of 5 are stunted due to malnutrition.



Essential healthcare is hard to access with more than 60% of the population traveling an hour or more to reach a health facility.

## Where We Work



• Gaza

• Tete

## Our Solutions



Partner with the government and communities to ensure families have access to critical vitamins and deworming needed to ensure good health and prevent malnutrition.



Ensure children are screened and treated for malnutrition by providing training and resources to healthcare workers.



Provide training, support, and resources to healthcare workers and health facilities to expand access to health services.



## Our Impact

- ✓ Provided more than 575,000 children under the age of 5 with two doses of vitamin A, protecting their vision and health.
- ✓ Screened more than 43,000 children for malnutrition and provided treatment to 65% who were identified as being moderately or severely malnourished.
- ✓ Trained and supported more than 1,800 healthcare workers to help ensure families can access the healthcare they need.



**Key partners:** Ray and Tye Noorda Foundation, Three Graces Foundation

## About Helen Keller Intl

Helen Keller Intl partners with communities that are striving to overcome longstanding cycles of poverty. By delivering the essential building blocks of good health, sound nutrition, and clear vision, the organization helps millions of people create lasting change in their own lives. Working in 20 countries – across Africa, Asia, Europe, and the United States – and together with a global community of supporters, Helen Keller helps to ensure every person has the opportunity – as Helen did – to reach their true potential.

## Contact Information

For more information please contact:



**Sarmiento Júlio Armando,**  
Country Director



[sarmando@hki.org](mailto:sarmando@hki.org)