

Kenya

Since 2010, Helen Keller Intl has been working in Kenya to strengthen health systems and improve nutrition, especially for children and women. Despite remarkable progress, regional disparities persist due to challenges such as poor healthcare access, malnutrition, ongoing conflicts, extreme weather, and governance issues. Together with the Kenyan Ministry of Health and other partners, Helen Keller works to ensure children and families have equitable access to healthcare and good nutrition, including by focusing on the critical 1,000-day window from conception to a child's second birthday to support children's long-term health and development.



Number of staff: **30**
People reached annually: **3.4 million**



Office opened: **2010**
Operating budget: **\$2.5 million**

Challenges



More than 60% of children under 5 suffer from vitamin A deficiency, impacting their vision, immunity, and growth.

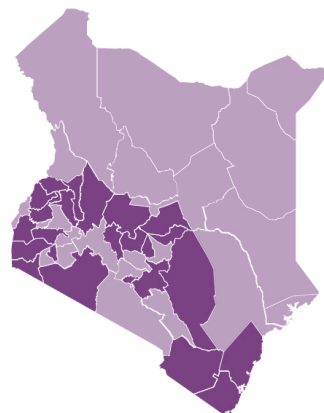


More than 8 million children are infected with intestinal worms, a neglected tropical disease that causes physical and cognitive problems and blocks vitamin A absorption.



Nationally, 18% of children are stunted and 5% are wasted due to malnutrition.

Where We Work



- Baringo
- Bungoma
- Elgeyo-Marakwet
- Homa Bay
- Kakamega
- Kilifi
- Kirinyaga
- Kisumu
- Kitui
- Kwale
- Laikipia
- Machakos
- Meru
- Migori
- Mombasa
- Nairobi
- Narok
- Nyamira
- Nyandarua
- Nyeri
- Siaya
- Taita Taveta
- Tharaka Nithi
- Trans-Nzoia
- Uasin Gishu

Our Solutions



Partner with communities to provide children across the country with 2 annual doses of vitamin A and help families access vitamin A-rich and fortified foods.



Work with the government to provide 2 annual doses of deworming medication for children and support access to clean water and sanitation for communities.



Ensure children are screened and treated for malnutrition by providing training and resources to healthcare workers and caregivers.



Our Impact

- ✓ Reached over 3 million children – or 85% – under the age of 5 with 2 doses of vitamin A.
- ✓ Provided close to 1.8 million children under the age of 5 years with twice annual deworming medication, alongside vitamin A.
- ✓ Screened nearly 34,000 children for malnutrition and provided close to 65 healthcare workers and community health promoters with nutrition-related training and resources.

Key partners: Church of Jesus Christ of Latter-day Saints, GiveWell, Global Affairs Canada, Ray and Tye Noorda Foundation

About Helen Keller Intl

Helen Keller Intl partners with communities that are striving to overcome longstanding cycles of poverty. By delivering the essential building blocks of good health, sound nutrition, and clear vision, the organization helps millions of people create lasting change in their own lives. Working in 20 countries – across Africa, Asia, Europe, and the United States – and together with a global community of supporters, Helen Keller helps to ensure every person has the opportunity – as Helen did – to reach their true potential.

Contact Information

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