

# Nepal

Since 1988, Helen Keller Intl has supported the government of Nepal to improve health, nutrition, and vision for children and families. Starting with our early work in eye care and vitamin A, we expanded to maternal and child nutrition, nutrition behavior change, and nutrition-sensitive agriculture, reaching nearly 60% of households in Nepal. Helen Keller partners with the government and communities to tackle malnutrition and food insecurity by providing counseling on good nutrition and hygiene, offering training and resources to support climate-smart farming, expanding screening and treatment for malnutrition, increasing access to prenatal vitamins for pregnant women, and advocating for national policies to support good nutrition.



Number of staff: **48**  
People reached annually: **128,000**



Office opened: **1988**  
Operating budget: **\$3.1 million**

## Challenges



About 25% of children are stunted because of widespread food insecurity.



Nearly 17% of women are underweight, and over 34% are anemic.



Approximately 23% of people do not eat a nutritionally adequate diet.

## Where We Work



- Bagmati
- Gandaki
- Karnali
- Koshi
- Lumbini
- Madhesh
- Sudurpashchim

## Our Solutions



Collaborate with the government to provide malnutrition screenings at the community level and refer severely malnourished children for treatment.



Reach households with education and support for good nutrition and hygiene and expand access to iron-folic acid supplements during pregnancy.



Provide training and resources to help households grow, cook, and sell their own nutritious foods.



## Our Impact

- ✓ Screened more than 67,500 children under the age of 5 for malnutrition and provided treatment to 97% of those identified as having moderate or severe malnutrition.
- ✓ Counseled more than 215,000 women on nutrition and hygiene best practices, including good nutrition during pregnancy.
- ✓ Over 5,200 families received training and resources to support climate-smart, nutrition-sensitive agriculture.

**Key Partners:** Eleanor Crook Foundation, Global Partnership for Assistive Technology, United Nations Office for Project Services, USAID, Vitamin Angels

## About Helen Keller Intl

Helen Keller Intl partners with communities that are striving to overcome longstanding cycles of poverty. By delivering the essential building blocks of good health, sound nutrition, and clear vision, the organization helps millions of people create lasting change in their own lives. Working in 20 countries – across Africa, Asia, Europe, and the United States – and together with a global community of supporters, Helen Keller helps to ensure every person has the opportunity – as Helen did – to reach their true potential.

## Contact Information

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