



HELEN
KELLER
INTL

2025 Annual Report

Dear Friends,

As we reflect on the past year, Helen Keller’s words ring in our heads: “The welfare of each is bound up in the welfare of all.” Rarely has that truth felt more urgent—or more tested.

The past year has been marked by extraordinary disruption. Conflict, climate shocks, rising food prices, and growing inequities continued to strain families already living in uncertainty. Then, almost overnight, the termination of US government funding stopped critical health and nutrition services from tens of millions of children and families in the countries where Helen Keller Intl works. The scale and speed of this change created profound uncertainty for communities.

And yet, in the face of this uncertainty, you did not turn away.

You continued to show up for families when they needed us most. You chose action over despair, solidarity over retreat. And with your generosity and steadfast partnerships with governments and communities, our optimism was renewed.

Because of you, last year **we reached nearly 84 million children and family members** with proven, cost-effective solutions that protect sight, strengthen nutrition, and safeguard health, even amid widespread disruption and funding terminations.

- You helped us reach more than **47 million children with vitamin A**, safeguarding their vision and immunity at a moment when both were under growing threat.
- Your generosity continued our ability to treat more than **32 million people for neglected tropical diseases**, advancing our progress towards elimination at a time when funding cuts threaten tremendous backsliding.
- Your investment in training over **675,000 healthcare heroes** advanced their ability to provide critical health and nutrition support for families who would otherwise be left out.
- You allowed us to reach more than **524,000 women with maternal healthcare**, counseling, and essential nutrients, helping two lives not just survive, but thrive.



Helen Keller Intl was built for moments like this. Our founder never backed away from daunting challenges, and neither will we. The optimism we carry forward is not naïve. It is rooted in evidence, in experience, and in you.

We invite you to pause as you read this report and recognize what our incredible Helen Keller community has made possible. The healthy children, resilient mothers, and strengthened communities you’ll see here are a testament to what can happen when we choose to stand together, even when the path forward is uncertain.

Thank you for standing with the families we serve and trusting us to do right by them.

With gratitude,



Sarah Bouchie
President & CEO



Maria Morris
Incoming Chair, Board of Trustees, December 2025



Bill Toppeta
Vice Chair and Outgoing Chair, December 2025



Photo: Hulton Archive

“The unselfish effort to bring cheer to others will be the beginning of a happier life for ourselves.”

—Helen Keller

We are Helen Keller Intl

Our founder, Helen Keller, reminds us of optimism. In a world that can sometimes feel overwhelming, we hold that optimism closely—optimism for what is possible for our communities, optimism for our exciting path forward, and most importantly, optimism that our generous Helen Keller community has made possible, reaching more than 84 million children and families with tools for vibrant health.

Mission

Guided by our founder’s remarkable legacy, Helen Keller Intl works to improve the lives of people around the world by protecting vision, enhancing nutrition, and fighting disease.

Vision

A world where every person can live a healthy life filled with potential.

Our Values

 Rigor	 Integrity	 Compassion	 Courage
			

Our Impact



84M

people reached



20

countries



45 Million

people supported with
essential nutrition services



675,000

community
health heroes



94 Million

vitamin A capsules
distributed to protect
health and vision



33,500

prescription
glasses



23 Million

people supported
with vision care to
prevent blindness



40,000

home gardens



32 Million

individuals reached with
lifesaving medication to
prevent and treat neglected
tropical diseases



1.4 Million

children screened
for malnutrition

Small Solutions, Great Impact

Helen Keller once said, “I long to accomplish a great and noble task, but it is my chief duty to accomplish small tasks as if they were great and noble.” At Helen Keller Intl, we know that small, cost-effective health solutions can indeed be great and noble. Vitamin A costs just a little more than \$1 a dose, and when given to children twice a year until their fifth birthday, it can literally save their sight and their lives. A simple pair of eyeglasses has the ability to change a person’s life trajectory, helping them thrive in school as a child or continue to provide for their families as an adult.

With the support of our donors and community members in the places we work, Helen Keller prioritizes evidence-based, cost-effective solutions that offer the greatest impact on the lives of the people we serve across Africa, Asia, and the US. We work closely with governments, communities, and other partners to help millions of people achieve good health and nutrition through scalable interventions that offer long-term solutions.

With your help, Helen Keller has:



Reached more than **47 Million children** under the age of five with vitamin A to support clear vision and strong immune systems.



Screened over **128,000 children** and adults around the world for vision impairment and provided over 33,500 people with free or low-cost glasses.



Reached more than **32 Million individuals** with treatment for at least one neglected tropical disease, protecting their livelihoods for about 75 cents each.

Consistently
ranked a top
charity by
GiveWell
since 2018.



Expanding Cost-Effective Vitamin A to Madagascar

When Helen Keller considers expanding work to a new country, the decision is never taken lightly. We rigorously assess where we can save the most lives with proven, cost-effective interventions.

Madagascar presented a compelling case: widespread undernutrition, poor access to an already weak health infrastructure, and tragically high child mortality rates. Decades of evidence show that vitamin A, one of the most cost-effective health interventions in the world, could dramatically reduce child deaths in Madagascar for just over \$1 a dose.

In partnership with GiveWell, which generously endorses the cost-effectiveness of our vitamin A work, we collaborated with Madagascar's Ministry of Health and partners, including UNICEF, to scale this lifesaving intervention. We trained 22,500 community health workers to integrate vitamin A into existing child wellness services, leveraging an existing infrastructure rather than building from scratch, and achieving 88 percent coverage across four priority regions.

2.9 million Malagasy children have received vitamin A thanks to our community health heroes. We expect to double our reach in the coming year.

“In today’s climate, prioritizing the most cost-effective, high-impact interventions is more critical than ever. Vitamin A stands out because it saves lives on a large scale. Research shows it can reduce child mortality by up to 24 percent, making it one of the most powerful public health tools for protecting vulnerable children.”

—Romance Dissieka, Monitoring, Evaluation, Accountability, and Learning Coordinator for Vitamin A





No-Cost Vision Screenings Change Lives in East Los Angeles

When Maria’s granddaughter Alexis broke her glasses for the second time in a year, her family couldn’t afford a replacement. Around the same time, Maria’s husband Armando began rapidly losing his eyesight, leading to multiple falls.

Uncorrected vision problems can significantly derail both children and adults’ lives.

“What we find is that schools may look for a lot of reasons why the child isn’t doing well, and it was as simple as he can’t see,” says Anna, Executive Director of East LA Rising. Adults with poor vision may be unable to work or keep themselves safe. These ripple effects make vision care one of the most cost-effective interventions available.

For decades, Helen Keller has partnered with schools and community organizations like East LA Rising in California, Minnesota, New Jersey, and New York to protect vision by providing no-cost screenings and prescription glasses to those most in need.

Maria brought Alexis and Armando to this year’s screening event held at the Maravilla Housing Project’s community center. After a screening to confirm her prescription, Alexis received a pair of sparkly pink glasses that she can’t wait to wear. Armando also received a direct referral for suspected cataracts.

“I have families who are in tears when they put on those eyeglasses and can finally see and focus. It’s quite touching. I wish your supporters could see this personally.”

—Anna, Executive Director of East LA Rising

Building Health Systems That Deliver

Health services are foundational to health systems, and when they work better, faster, and more equitably, families can live healthier lives. That’s why Helen Keller focuses on helping communities build health systems that deliver more complete, reliable care for nutrition, vision, and neglected tropical diseases.

In practice, this means ensuring that children receive comprehensive care when they visit a health clinic—from Vitamin A to vaccines—and training health workers to recognize the signs of serious illness and connect families to the intensive care they need. By strengthening health systems in these ways, with the support of our donors, we’re reaching more people with high-quality health care, when and where they need it.

With your help, Helen Keller has:



Distributed more than **94 Million** vitamin A capsules to children under the age of five to support clear vision and a strong immune system.



Supported nearly **23 Million** people with essential vision care and treatment to ensure healthy vision and prevent blindness.



Treated more than **61,500** children who were diagnosed with moderate or severe acute malnutrition.

A Second Chance to Grow Up Healthy

Efero was worried about her two-year-old son. Vasco wasn’t acting like the other children in his home of Chiguebe in northwestern Mozambique—he was listless, disinterested in playing, and had unexplained swelling in some parts of his body. Efero tried traditional remedies, but nothing was working.

When Osten, a community health worker trained by Helen Keller, visited Chiguebe to conduct screenings, he recognized that Vasco’s condition was dire. His swelling, known as edema, was a sign of severe acute malnutrition, the deadliest form.

Osten urged Efero to bring Vasco to a nearby health center, where his condition was confirmed. He was transferred to a larger facility for 18 days of specialized treatment.

Mozambique has made significant progress in improving child health in recent years, but malnutrition remains a considerable challenge. Helen Keller has supported the government of Mozambique to improve screening and treatment in two districts, including where Efero and Vasco live. Last year, Helen Keller supported malnutrition screening for more than 43,000 children and provided treatment to 65 percent who were identified as moderately or severely malnourished.

Vasco recovered quickly. By the time he left the hospital, his swelling had subsided, and he was once again an upbeat, energetic toddler. “When I look at Vasco now, I see more than my son,” Efero says. “I see a reason to keep believing. He is my strength and my inspiration.”

Vasco, after his recovery from severe acute malnutrition.





Comprehensive Health Services Allow Mothers and Children to Dream Big

When Elizabeth took her youngest child, Silas, to her local health clinic one hot afternoon in Sierra Leone's northern Bombali district, it wasn't for just a one-off supplement or a vaccination. Silas was now one year old, and that meant he would receive a full well child visit, including his second dose of vitamin A, his first deworming treatment, and vaccinations for multiple, potentially serious, childhood illnesses. Elizabeth also received counseling on breastfeeding, child nutrition, and family planning.

Comprehensive care, like the care that Silas and Elizabeth received, can go a long way to improving the health and lives of mothers and children across Sierra Leone, which has one of the highest rates of maternal, infant, and child mortality in the world. By linking vitamin A and childhood vaccinations with education and counseling for parents, health clinics can provide better services that support better health and nutrition for entire families.

After Silas' visit, Elizabeth felt reassured that her son's health was protected and he was on the path to a healthier, brighter future. Silas is just one of 50,000 children and women Helen Keller and our partners have reached with improved health services in Sierra Leone.

“We don't just give out supplements. We [also] trained nurses to counsel mothers about exclusive breastfeeding for the first six months”

—Jonathan Ansumana, a Helen Keller staff member who provides training to healthcare workers

We Never Work Alone

Helen Keller’s rallying cry, “Alone we can do so little; together we can do so much,” is our creed at Helen Keller Intl. We never work alone: we partner with donors, governments, ministries of health, local community leaders, and other partners, convening people from different levels of society with diverse strengths to work together, giving us the best chance of building long-term resilience and systemic change.

Together with our partners, we have:



Supported the government of Niger to eliminate onchocerciasis, also known as river blindness, as a public health problem—the first African country to do so!



Helped build lactation rooms in Cambodian factories so women can continue breastfeeding after they return to work, reaching over **15,700** individuals.



Partnered with the Bangladesh Garment Manufacturers and Exporters Association to screen more than **11,100** workers for vision impairments and provided over **4,800** with prescriptions for low-cost eyeglasses.



Photo: Amarachi Ogwuma

Treating Malnutrition Together

Bendera was wracked with concern as her one-year-old son, Joseph, grew weaker by the day. Despite offering him the vegetables she sold at her market stall in Kenya’s Kilifi County, Joseph refused to eat. At his monthly visit to the nearby clinic, the nurses began to notice his unstable weight.

Kilifi County has some of the highest rates of child malnutrition in Kenya, where 37 percent of children under five are stunted. Nearly half of all child deaths under age five are linked to malnutrition, and inflation and climate change are making it increasingly difficult for families to access healthy foods.

Helen Keller is partnering with Vitamin Angels and iDE through Transforming Lives through Nutrition, funded by the Church of Jesus Christ of Latter-day Saints, to address malnutrition across 12 countries in Asia and Africa. The consortium works with local health systems to enhance screening and treatment, ensure therapeutic foods reach remote communities, and provide nutrition education.

Bendera took Joseph to a nearby treatment center, where he was diagnosed with moderate acute malnutrition. For six weeks, he received ready-to-use therapeutic foods while Bendera learned about nutrition. He quickly recovered.

“Now, when I prepare food, he eats,” Bendera says with relief. “He plays; he smiles.”



“This eye healthcare service point is extremely efficient and convenient for us. This has helped us save time and money and boosted our productivity and confidence.”

—Rojina, Garment factory employee in Bangladesh



Partnering with Industry for Clear Vision in Bangladesh

Rojina’s eyes had been bothering her for days, making it difficult to complete her work at a garment factory in the suburbs of Dhaka, Bangladesh. Rojina’s job as a yarn-spinning assistant requires close attention to detail, and it was becoming difficult for her to do her job well.

Rojina’s family had moved from their home village for better economic opportunities, and now her impaired vision was putting her income at risk. She visited a local eye hospital, but the cost was prohibitive. Then, she mentioned her vision issues to the factory’s internal medical assistant, who referred her to their new one-stop eye center.

Helen Keller partners with the Bangladesh Garment Manufacturers and Exporters Association and garment factories to provide accessible, comprehensive eye care for workers at five large factories like Rojina’s, and the KHEA Foundation provides prescription glasses at discounted prices. Since September 2023, these centers have screened 12,000 workers, and more than 800 have received glasses.

At the center, an ophthalmologist provided Rojina with a no-cost vision screening and a prescription for new glasses at a discounted price at the factory’s Eyeglasses Corner.

Leading Locally

Leading locally means putting the people we serve at the center of solution-making. We purposefully elevate the roles of local people, organizations, networks, and systems. It is their knowledge, priorities, leadership, and agency that shape how we move forward to reach millions at scale. Whether we are partnering with a government to eliminate disease in that country or hearing from community leaders how we can build sustainable nutrition among their neighbors, we ensure that the people who know their communities best are driving the change. By supporting local leaders, we are creating solutions together that are more relevant, more sustainable, and more impactful.

You’ve helped us:



Treat more than **1 Million** individuals in Sierra Leone for at least one neglected tropical disease.



Reach nearly **16,000** Cambodians with nutrition counseling, including breastfeeding support for new mothers, improving maternal and child health in vulnerable communities.



Reach nearly **7 Million** Malian children with vitamin A, achieving an average coverage rate of 99%.



Supporting Working Mothers to Continue Breastfeeding in Cambodia

When she returned from maternity leave after having her third child, Moul was pleasantly surprised to find that the factory where she worked had equipped a lactation room to support breastfeeding mothers. Helen Keller worked in partnership with the factory, Copius, to set up the lactation room.

Exclusive breastfeeding for the first six months of a child's life is a key measure for promoting overall health. In fact, improving breastfeeding rates could save the lives of more than 820,000 children under the age of five each year. But in Cambodia, where Moul lives, the prevalence of exclusive breastfeeding has steadily decreased over the past decade, in part because women can find it challenging to continue breastfeeding when they return to work.

Over the last three years, Helen Keller has partnered with 34 factories to improve breastfeeding rates through various measures, including establishing lactation rooms like the one at Copius. To date, these efforts have benefited over 40,800 women and their families.

“There wasn’t a breastfeeding room when I had my two other children, so it cost a lot of money to feed them with [formula] milk, and I could only breastfeed them at night. Now, we don’t have to spend as much because I can pump breast milk for her.”

—Moul, Factory employee in Cambodia



Partnering With Governments to Eradicate Disease

Health worker Rebecca has dedicated her life to eradicating schistosomiasis, a disease that has long plagued her community. This devastating parasitic disease thrives in areas of poverty and poor sanitation, such as in Kono, Sierra Leone, where Rebecca lives.

The impact of schistosomiasis can be devastating, leading to organ damage, cognitive impairment, and even death. For children, the impact can be particularly severe, robbing them of the opportunity to attend school and reach their full potential. Looking forward to a future without schistosomiasis, Rebecca and 30,000 other dedicated volunteers partner with Helen Keller Intl and the government of Sierra Leone to distribute treatment to 1.5 million children each year.

Nurse Rebecca and the other 30,000 are true heroes,” says Dr. Ibrahim “Kagbo-Labor, who oversees the program for neglected tropical diseases, including schistosomiasis, at Sierra Leone’s Ministry of Health. “Their efforts have made a real difference in the lives of so many people. They are a shining example of what can be achieved when we come together to tackle a common challenge.”

“One of our strengths is our close relationships with governments and local community partners. We build our programs to align with national health priorities, and we’re lucky to have strong working relationships that allow us to leverage existing health systems and infrastructure.”

—Mai Hoang, Asia Nutrition Advisor and Coordinator



Where We Work

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Minnesota
New Jersey
New York

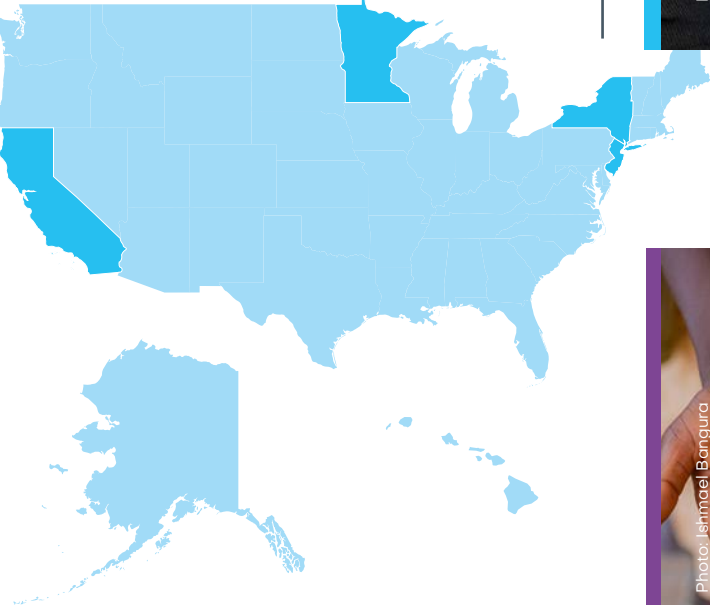
Africa
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Cameroon
Cote d'Ivoire
Democratic Republic of Congo
Guinea
Kenya
Madagascar
Mali
Mozambique
Niger
Nigeria
Senegal
Sierra Leone
Tanzania

Europe
France

Asia
Bangladesh
Cambodia
Nepal
Philippines

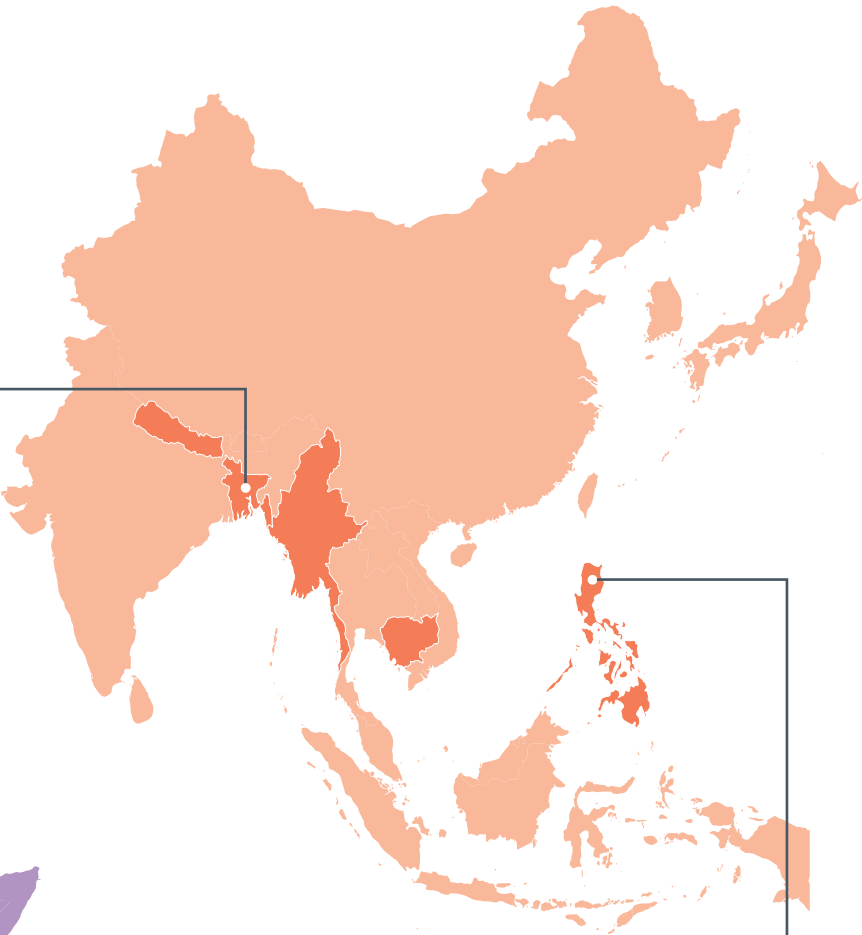
United States

Screened the vision of nearly 112,000 students and individuals and provided no-cost prescription glasses to 82 percent diagnosed with vision impairments.



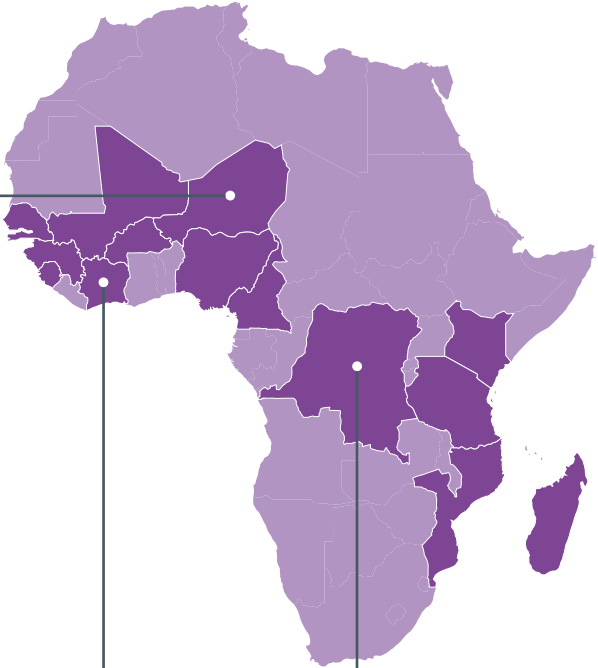
Bangladesh

Screened more than 46,900 patients for diabetic retinopathy.



Philippines

Reached more than 23,500 pregnant women with multiple micronutrient supplements, a healthier prenatal vitamin than iron folic acid alone.



Niger

Helped Niger become the first country in Africa to eliminate onchocerciasis as a public health problem.



Democratic Republic of Congo

Reached nearly 11 million children with vitamin A, achieving 96 percent coverage.



Cote d'Ivoire

Supported over 650 households trained in crop production, storage, processing, marketing and packaging techniques.



Helen Keller Intl Leadership

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(July 1, 2024 – June 30, 2025)

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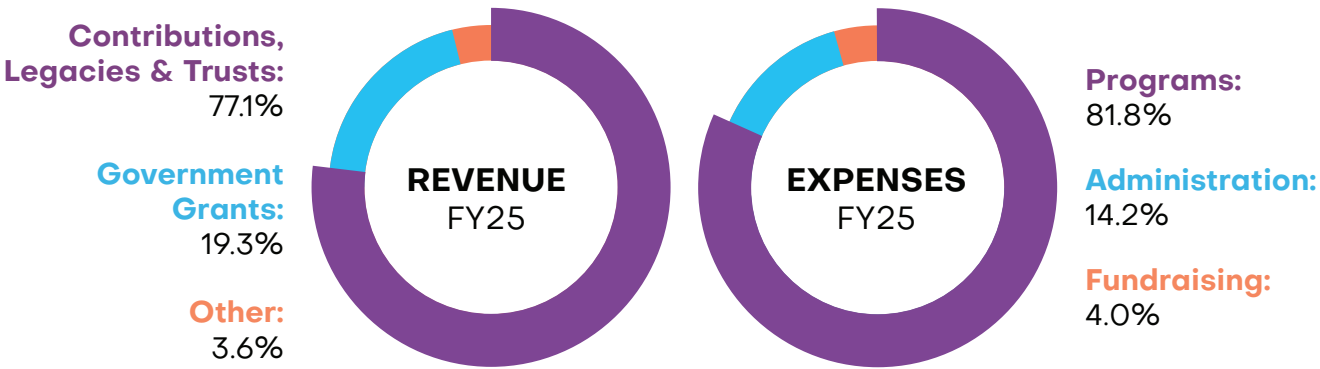
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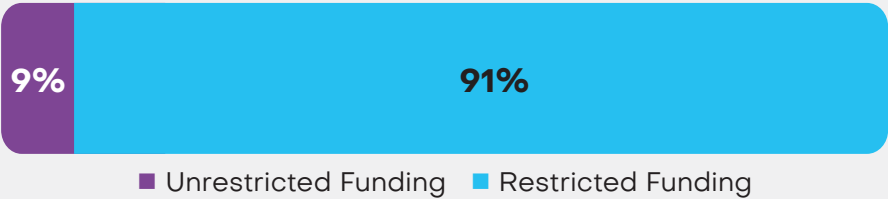
Financial Statement

STATEMENT OF ACTIVITY (July 1, 2024 to June 30, 2025)

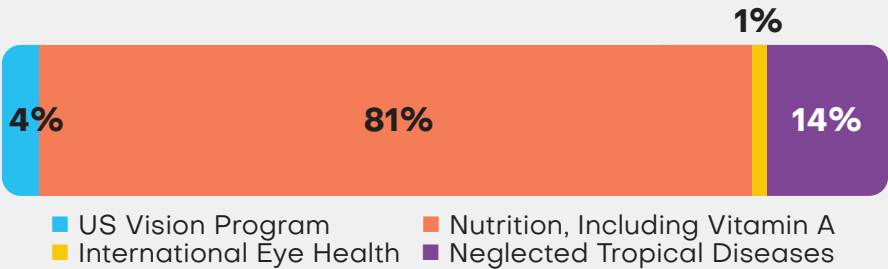


Where Your Support Goes

How Your Contributions Are Allocated



How We Invest Your Support to Maximize Impact



Pie charts represent the fiscal year ended June 30, 2025. Pie charts do not include gifts in kind. If included, gifts in kind would represent 8.1% of total revenue, and program expenses would be 83.3%. “Other” revenue includes program revenue, dividends, interest, and miscellaneous income.

OPERATING SUPPORT AND REVENUE	2025	2024
Support		
Contributions – corporations, foundations, and individuals	\$90,714,648	\$39,124,038
Contributions – medicines and other (in-kind)	\$10,538,535	\$20,515,674
Legacies and trusts	\$1,084,403	\$1,733,242
Grants – U.S. government agencies	\$20,327,644	\$28,211,423
Grants – Non-U.S. government agencies	\$2,599,670	\$1,833,468
Total support	\$125,264,900	\$91,417,845
Revenue		
Program and other revenue	\$2,303,926	\$2,612,824
Dividends and interest income	\$2,031,331	\$847,303
Total revenue	\$4,335,257	\$3,460,127
Total Operating & Support Revenue	\$129,600,157	\$94,877,972
EXPENSES		
Program Services		
U.S. Vision Program	\$3,605,683	\$3,495,368
Nutrition, including vitamin A	\$76,889,685	\$57,771,868
International Eye Health	\$722,776	\$820,207
Neglected Tropical Diseases	\$13,112,320	\$22,039,661
Distribution of medicines and other (in-kind), primarily for blindness prevention	\$10,538,535	\$20,479,725
Total Program Services	\$104,868,999	\$104,606,829
Support Services		
Management and general	\$16,373,434	\$15,715,300
Fundraising	\$4,639,629	\$3,826,924
Total Support Services	\$21,013,063	\$19,542,224
Total Expenses	\$125,882,062	\$124,149,053
Excess (deficit) of revenue over expenses	\$3,718,095	\$(29,271,081)
OTHER CHANGES		
Net realized and unrealized gains on investments	\$1,646,154	\$1,709,339
Change in perpetual and restricted trusts	\$83,518	\$94,155
Change in net assets	\$5,447,767	\$(27,467,587)
NET ASSETS		
Beginning of year	\$118,311,245	\$145,778,832
End of year	\$123,759,012	\$118,311,245

Small actions today. Great and noble impact for generations.

As Helen Keller reminded us, “Alone we can do so little; together we can do so much.” By including Helen Keller Intl in your will, you can continue supporting families—helping families for generations to come.

A planned gift is one of the most powerful ways to create the great and noble impact Helen Keller envisioned.

Please consider naming Helen Keller Intl as a beneficiary of your will, retirement savings, life insurance policy, and other financial accounts by filling out your financial institutions’ beneficiary forms.

Learn More



Legal Name: Helen Keller International
Address: 39 Broadway, Suite 1505
New York, NY 10006
Tax ID: 13-5562162

If you have already named Helen Keller in your plans, thank you! Kindly let Matthew Lieberman (mlieberman@hki.org) know, so we can keep you updated on how your support helps people around the globe.





Photo: Kathryn Schoenberger

Continue Your Commitment

Your generous support helps children and families access vision services, lifesaving healthcare, and essential nutrition—and build stronger, more resilient communities.

There are many ways to make your tax-deductible contribution:



Online: Donate at HelenKellerIntl.org/donate



Mail to: Helen Keller Intl
Catherine Ewald, Associate Vice President,
External Relations
39 Broadway, Suite 1505
New York, NY 10006



Phone: 877-535-5374



Stock: Stocks: Contact Kristin Howell at giving@hki.org



Legacy: Add Helen Keller as a beneficiary of your retirement plan, will, donor-advised fund, or life insurance policy. You can also contact Matt Lieberman at mlieberman@hki.org.

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“The past year tested Helen Keller Intl’s resilience...but we have Helen’s DNA and like her, we are resilient...the year ahead is full of possibility. It will require brave leadership and all of you.”

Sarah Bouchie
President & CEO



**HELEN
KELLER
INTL**

HelenKellerIntl.org

Helen Keller Intl and Helen Keller Europe are affiliated non-profit, non-governmental organizations registered in the United States and France respectively and are united in a common mission to prevent blindness and reduce malnutrition.

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