

# Democratic Republic of Congo

In Democratic Republic of Congo, Helen Keller Intl partners with the Ministry of Health to build a healthier future for children and women. Since 2021, we've worked to address high infant mortality, chronic malnutrition affecting nearly three-quarters of children, and anemia in more than half of pregnant women—by expanding vitamin A and micronutrient supplementation, improving health coverage and quality of care, and strengthening food systems, small enterprises, and water and sanitation.



Number of staff: **29**

People reached annually: **11.7 million**



Office opened: **2021**

Operating budget: **\$8.5 million**

## Challenges



61% of children suffer from vitamin A deficiency, impacting health, vision, and immunity.

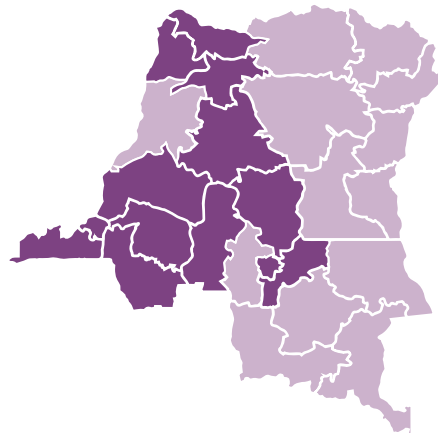


Many mothers and caregivers are not aware of the importance of vitamin A for their children.



3.9 million children and pregnant or breastfeeding women are acutely malnourished.

## Where We Work



- Kasai
- Kasai Oriental
- Kinshasa
- Kongo Central
- Kwango
- Kwilu
- Lomami
- Mai-Ndombe
- Mongala
- Nord Ubangi
- Sankuru
- Sud Ubangi
- Tshuapa

## Our Solutions



Support the government in implementing vitamin A campaigns through community health workers, reaching at least 80% of children under the age of 5.



Train healthcare heroes to go door-to-door to educate about how vitamin A can protect children's health and sight.



Prioritize the first 1,000 days from conception to age 2, including malnutrition treatment, nutrition counseling, and breastfeeding support.



## Our Impact

- ✓ Reached more than 10.8 million children—96% of children under the age of 5—with 2 doses of vitamin A across 13 provinces.
- ✓ 87% of households were educated about the advantages of vitamin A supplementation.
- ✓ Reached more than 500,000 pregnant women with multiple micronutrient supplements and nutrition counseling.

**Key Partners:** GiveWell, Church of Jesus Christ of Latter-Day Saints, Vitamin Angels, iDE, UNICEF

## About Helen Keller Intl

Guided by our founder's remarkable legacy, Helen Keller Intl works to improve the lives of people around the world by protecting vision, enhancing nutrition, and fighting disease. Working in 20 countries—across Africa, Asia, Europe, and the United States—we help families grow and eat nutritious food, stave off malnutrition, strengthen their immune systems, access life-saving medical treatments, avoid blindness, and protect their vision. Together, with a global community of supporters, we're building a world where every person can live a healthy life filled with potential.

## Contact Information



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