

Philippines

Helen Keller Intl partners with the government of the Philippines, including the Department of Health and the National Nutrition Council, to create sustainable life-saving impact for Filipino women, children, and families. With its deep technical expertise and long-standing local partnerships, Helen Keller supports national and local governments to own and invest in health and nutrition services so that access to nutritious foods, essential vitamins and minerals, and high-quality health and nutrition services for mothers and children improves.



Number of staff: **35**
People reached annually: **90,000**



Office opened: **1983**
Operating budget: **\$1.68 million**

Challenges



1 in 5 pregnant women have at least one micronutrient deficiency, putting them at risk of delivering low birth-weight babies.



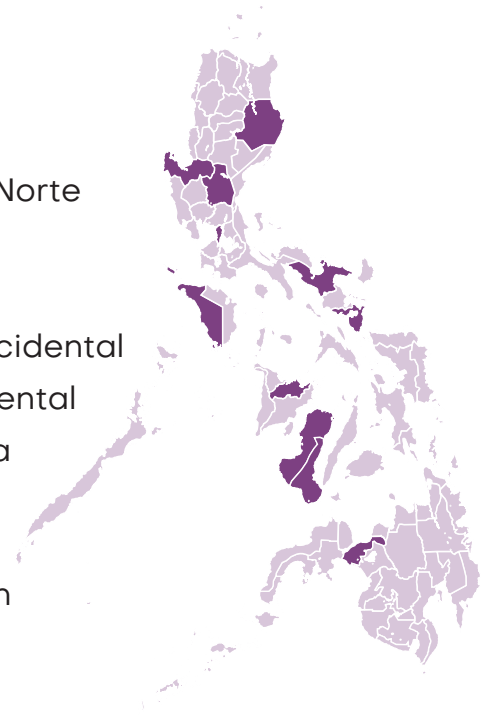
Only 40% of children are exclusively breastfed for six months, and 50% aged 6-23 months don't eat a minimum diverse diet.



Nearly 1 in 4 Filipino children aged 0-59 months are stunted, short for their age and development due to inadequate diets, and sub-optimal feeding practices.

Where We Work

- Capiz
- Isabela
- Lanao del Norte
- Manila
- Naga City
- Negros Occidental
- Negros Oriental
- Nueva Ecija
- Oriental Mindoro
- Pangasinan
- Sorsogon



Our Solutions



Ensure pregnant women receive the nutrients they need to support their health and the health of their babies.



Train and support community health workers to organize support groups for mothers and caretakers to learn about good nutrition—from pregnancy through early childhood—while helping families, especially those most at risk, grow healthy foods.



Support community-based nutrition education and enhance the government's vitamin A supplementation and deworming programs.



Our Impact

- ✓ Provided nearly 23,600 pregnant women with multiple micronutrient supplements and nutrition counseling.
- ✓ Counseled over 17,400 individuals on nutrition best practices to support meeting the dietary needs of children under the age of 5.
- ✓ Provided 8,350 children 6–23 months with nutritional supplements to help them meet their dietary needs and prevent malnutrition.

Key Partners: The Church of Jesus Christ of Latter-day Saints

About Helen Keller Intl

Guided by our founder's remarkable legacy, Helen Keller Intl works to improve the lives of people around the world by protecting vision, enhancing nutrition, and fighting disease. Working in 20 countries—across Africa, Asia, Europe, and the United States—we help families grow and eat nutritious food, stave off malnutrition, strengthen their immune systems, access life-saving medical treatments, avoid blindness, and protect their vision. Together, with a global community of supporters, we're building a world where every person can live a healthy life filled with potential.

Contact Information



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