

Tanzania

Helen Keller Intl partners with families, communities, and the Government of Tanzania to address preventable causes of blindness, including trachoma and cataracts, by training healthcare heroes to screen and help patients get the sight-saving surgeries they need to reclaim their lives, and ensuring that children under the age of five receive twice-yearly vitamin A supplementation.



Number of staff: **27**
People reached annually: **492,000**



Office opened: **1984**
Operating budget: **\$2.95 million**

Challenges



1 out of 3 of children under the age of 5 are stunted due to poor nutrition.

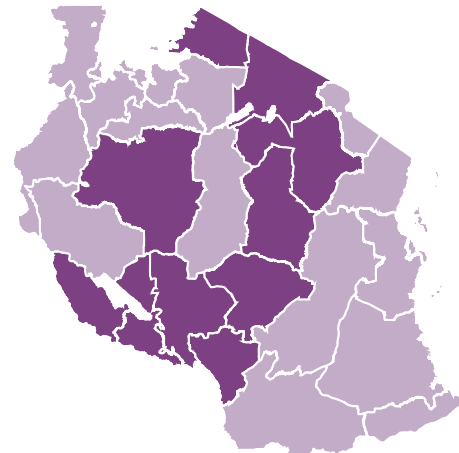


Cataracts are the leading cause of vision loss in Tanzania, responsible for more than 50% of all blindness cases and impacting more than 167,000 people.



More than 12 million people are at risk of irreversible blindness because of trachoma infections.

Where We Work



- Arusha
- Dodoma
- Iringa
- Manyara
- Mara
- Mbeya
- Njombe
- Rukwa
- Songwe
- Tabora

Our Solutions



Deliver twice-yearly vitamin A supplementation to children under the age of 5 to ensure good health and combat malnutrition.



Train case finders to identify and refer cataract patients and support clinicians with education and resources to reverse blindness caused by cataracts.



Address the preventable causes of blindness by training health teachers to promote improved hygiene and sanitation practices among students.



Our Impact

- ✓ Reached 100%—more than 492,000—of children under the age of 5 with two doses of vitamin A, protecting their vision and health.
- ✓ Supported cataract and trachoma screening of nearly 5,100 individuals, identifying nearly 4,000 cases of cataract and 892 cases of trachoma, of which 3,703 received surgery in at least one eye.
- ✓ Reached 700,000 children from more than 950 primary schools with water, sanitation, and hygiene promotion aimed at preventing trachoma through behavioral changes.

Key Partners: Alcon Foundation, GiveWell, Cure Blindness Project, SightSavers

About Helen Keller Intl

Guided by our founder's remarkable legacy, Helen Keller Intl works to improve the lives of people around the world by protecting vision, enhancing nutrition, and fighting disease. Working in 20 countries—across Africa, Asia, Europe, and the United States—we help families grow and eat nutritious food, stave off malnutrition, strengthen their immune systems, access life-saving medical treatments, avoid blindness, and protect their vision. Together, with a global community of supporters, we're building a world where every person can live a healthy life filled with potential.

Contact Information



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